



BUCKET LIST  
TICKED



9D8N

**YUNNAN**

雲南

**THE HIDDEN PARADISE OF CHINA**

**Kunming · Dali · Lijiang · Lugu Lake · Shangri-La Tour**



Bucket List Ticked (FB Page)



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BUCKET LIST TRAVEL & VACATIONS SDN. BHD. (C/N:1440277-H) (KPK/LN:10422)





# 云南

## ABOUT YUNNAN



You may not have been to some places, but you have never stopped looking forward to them, because you know that sooner or later, you will have to go once in your life. Maybe one of these places is named - Yunnan, Lijiang, Dali, Kunming, Lugu Lake, Shangri-La... You must go and see the majestic ancient city, the majestic snow-capped mountains, the sacred paradise, and the south of colorful clouds in your dreams.

**Yunnan is definitely a must-see on your travel list because it is rich with:**

- **Beautiful Natural Landscapes:** Yunnan has magnificent mountains, deep canyons, waterfalls, lakes and other natural landscapes.
- **Diverse Ethnic Culture:** Yunnan is one of the provinces with the largest concentration of ethnic minorities in China, with 25 ethnic minorities. You can experience the rich and colorful ethnic culture in Yunnan, including the Yi, Bai, Hani, etc.
- **Famous Ancient Towns:** In addition to Lijiang Ancient City, there are many other famous ancient towns and sites in Yunnan, such as Shuhe Ancient Town, Xishuangbanna Ancient Town, Jade Dragon Snow Mountain and Yuanyang Rice Terraces.
- **Unique Food Culture:** Yunnan's food is famous for its unique taste and diversity. You can try local specialties such as Crossing the Bridge Rice Noodles and Hot and Sour Hot Pot.
- **Rich Tea Culture:** Yunnan is one of China's famous tea-producing areas, especially famous for Pu'er tea and Dali tea. You can taste authentic Yunnan tea and learn about the tea making process.





# FEATURES ARRANGEMENT

Arrange various Yunnan special meals; specially arrange local celebrity restaurants, Includes Lijiang Sakura Restaurant, Shuhe Ancient Town celebrity restaurant, Shangri-La Tibetan istyle restaurant, Enjoy Over-the-bridge rice noodles at Hobbit Castle style restaurant, Yiliang shelduck, steam pot chicken and other special delicacies.

**MEALS**



Specially arrange local B&Bs to experience the local people's enthusiasm and unique architectural design. Featured celebrity residences in Lijiang Floral Luxury Qisu Bieyuan (B&B) , Lugu Lake Hesu Lakeview Hotel (sea view room), Floral · Shangri la Le Fu Ge Dan Inn, and local 4+5 star hotels (or similar class).

**HOTEL**

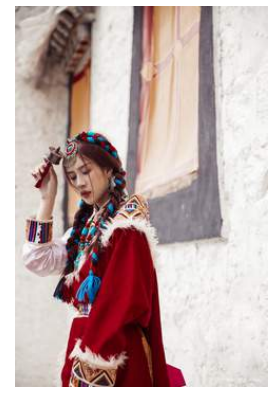




# FEATURES ARRANGEMENT

- Exclusive arrangements are made for travel photography at the **Ganden Sumtsenling Monastery**, often referred to as the 'Little Potala Palace.' A makeup artist is specially arranged to handle **makeup and hair set**, including traditional **Tibetan costumes**, allowing all distinguished guests to capture a set of world-class Tibetan-style photos!
- Specially arranged for shooting on **jeeps car in the flower sea**, the main flowers in March: Poppies, Snapdragon, Tricolor Viola.
- Experience intangible cultural heritage, the cultural inheritance of the Bai ethnic group - **Tie Dye**.
- Check-in at the ancient city of **Hobbit Castle** while enjoying Yunnan traditional cuisine, crossing the bridge noodles, and capturing the stunning views of Lijiang."

**SPECIAL**



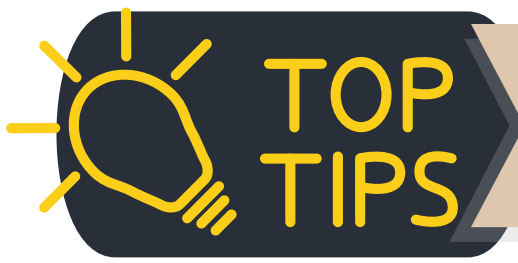
2+1 VIP seat bus is specially arranged to allow VIPs to be more comfortable during the journey.

China Railway High-speed experience, from Shangri-La to Kunming, saving time and convenience. This route will be officially opened in December 2023.

**TRANSPORT  
BUS + CRH**



图片只供参考



## THINGS TO KNOW



- "A day with four seasons" is a climatic characteristic common in many areas of Yunnan. When walking on the street, it is difficult to accurately distinguish the seasons from people's clothes at a glance. Because of the changeable weather throughout the day, people have to wear clothes with four seasons. This is one of the "Yunnan's 18 oddities" - same dress in four seasons".
- Yunnan is located on the Yunnan-Guizhou Plateau, and the temperature difference between day and night is large (the difference is 5-10 degrees Celsius).
- The highest altitude of Jade Dragon Snow Mountain is 5,596 meters, and the highest altitude of Jade Dragon Snow Mountain Glacier Park is 4,680 meters. Altitude sickness may vary in severity depending on individual physique. Generally, if you climb slowly, most people will have no problem. Whether you need to purchase an oxygen bottle depends on your actual situation. However, it is still recommended to prepare a tank of oxygen for going up the mountain, just in case. Generally, an oxygen bottle can last for 30 to 45 minutes.
- Yunnan has strong ultraviolet rays. Please wear a sunhat, sunglasses, and sunscreen when doing outdoor activities;
- Yunnan has a large population of ethnic minorities. While understanding the ethnic culture, please respect the religion and living customs of local ethnic minorities;
- The altitude of Lijiang is relatively high, rest well and remember not to drink excessively; if you feel unwell, please tell our staff as soon as possible, and please also carry your personal commonly used medicines with you in case of emergency;
- Yunnan Tourism provides real-name tickets. Please bring your valid ID when traveling and keep it properly;
- During the trip, please take good care of your personal belongings and take care of the elderly and children.



# TOP TIPS THINGS TO KNOW

## Firstly, let's understand what altitude sickness is:

Altitude sickness is a natural physiological response that occurs when a person reaches a certain altitude. It is the body's adaptation to changes in air pressure, reduced oxygen levels, dry air, and other factors caused by high altitude. In simple terms, the body's adaptation to a low-oxygen environment is called altitude sickness.

## Secondly, let's understand the altitudes of tourist attractions in Yunnan:

Kunming is approximately 1890 meters, Dali is about 2300 meters, Lugu Lake is around 2690 meters, Tiger Leaping Gorge is approximately 1800 meters at the gorge entrance, Jade Dragon Snow Mountain has an altitude of 5596 meters, and Shangri-La is about 3348 meters.

Furthermore, areas referred to as prone to altitude sickness are generally those with altitudes above 3000 meters. Therefore, the majority of tourist attractions we visit are not likely to induce altitude sickness. However, it's important to be aware of higher altitudes like Jade Dragon Snow Mountain and Shangri-La. Assess your own physical fitness and condition before participating in activities there.



### Advice on Mitigating Altitude Sickness

- 1** First of all, maintain a good attitude and be fully prepared. Reduce the intensity of exercise before departure.
- 2** If you are worried, or if your altitude sickness has been severe before, you can take medicine such as rhodiola rosea and Gaoyuanan before departure.
- 3** Be especially careful before setting off to avoid catching a cold. Colds can be serious or minor on the plateau. If you have a severe cold, it is recommended not to go up the mountain reluctantly. Your health comes first.
- 4** Don't do strenuous exercise when climbing. Climb up slowly and adjust your breathing and pace.
- 5** Try to shorten your shower time,



# 旅程BUCKET LIST



-  **01** Visit the **[Shilin Scenic Area]**, which is listed as a World Natural Heritage and a World Geopark, to explore the underwater world more than 200 million years ago.
-  **02** Visit the 5A scenic spot **[Yulong Snow Mountain]**, a paradise for love, and a dangerous and beautiful glacier museum.
-  **03** Enjoy the real-life large-scale ethnic song and dance **"Impression of Lijiang"** Snow Mountain Chapter with the main peak of the snow mountain as the background. The play is a masterpiece by the famous director Zhang Yimou.
-  **04** Visit the Oriental Girl Country **[Lugu Lake]**. Take the [Mosuo Special Boat] to Liwubi Island
-  **05** **[Mosuo Walking Marriage Bridge]** is a place where Mosuo men and women dating. The Mosuo people of Lugu Lake practice the "walking marriage" custom of "men and women do not marry ".
-  **06** Visit the world cultural heritage **[Lijiang Ancient Town]** is known as "Plateau Suzhou" and "Oriental Venice".
-  **07** Enroute visit **[Tiger Leaping Gorge]**, which is a famous grand canyon in the world, famous for its wonder, danger, majesty and grandeur.
-  **08** At the **Ganden Sumtsenling Monastery**, often referred to as the 'Little Potala Palace.' A makeup artist is specially arranged to handle makeup and hair set, including traditional Tibetan costumes, allowing all distinguished guests to capture a set of world-class Tibetan-style photos!
-  **09** Specially arranged for **shooting on jeeps car** in the flower sea, the main flowers in March: Poppies, Snapdragon, Tricolor Viola.
-  **10** Participate in the grand **[Bonfire Party]** held by the local Mosuo people, dance and cheer them!
-  **11** Special arrangements are made to check in to internet celebrity restaurants(top-rated) , where you can enjoy delicious food while take photo.
-  **12** Specially arranged to experience intangible cultural heritage, the cultural legacy of the Bai ethnic group—**[Tie Dyeing]**.

# 9D8N YUNNAN ITINERARY




Kunming · Dali · Lijiang · Lake Lugu · Shangri-la

(ITINERARY MAY BE ADJUSTED DUE TO UNCONTROLLABLE FACTORS)

## DAY 1

 Arrived Kunming  Shilin (Estimate 1 hour)

Tour Guide will meet you all at Kunming Changshui International Airport and send to hotel for check in


 **Accommodation (or similar class) :**  
Days Hotel and Suites  
Tongce Shilin


 **Meals Arrangement :**  
Dinner

## DAY 2

Shilin  Dali (Estimate 4 hours)

- **[Stone Forest Scenic Area]** (include tramcar) is listed as a World Natural Heritage and a World Geopark, allowing you to explore the underwater world more than 200 million years ago.
- Enjoy local delicacies- Yiliang duck for lunch
- **[Dali Ancient City]** Feel the charm of the ancient Nanzhao country, stroll through **[Foreigner Street]**, experience the unique exotic customs.
- Visit **[Wuhua Tower]** at night, you can overlook the panoramic view of the ancient city.


 **Accommodation (or similar class) :**  
Shuiyun Shuyuan  
Ancient City


 **Meals Arrangement :**  
Breakfast   
Lunch   
Dinner

## DAY 3

Dali  Lijiang (Estimate 3 hours)

- After breakfast, explore the **[Ecological Corridor]** stroll freely along the shores of Erhai Lake. Later, head to the "Flower Sea" to take photo on jeeps car . The main flowers in March are Poppies, Snapdragon, Tricolor Viola.
- Visit **[Xizhou Ancient Town]**, walk into the thousand-year-old Bai ethnic minority town. Specially arranged to experience intangible cultural heritage, the cultural legacy of the Bai ethnic group— **[Tie Dyeing]**.
- Drive to Lijiang. Visit **[Shuhe Ancient Town]** (arrange Internet top rated restaurants), Shuhe Ancient Town, a thousand-year-old ancient town lying quietly under the Yulong Snow Mountain.

 **Accommodation (or similar class) :**  
Floral Luxury Qisu  
Bieyuan (B&B)

 **Meals Arrangement :**  
Breakfast   
Lunch   
Dinner



# 9D8N YUNNAN ITINERARY

Kunming · Dali · Lijiang · Lake Lugu · Shangri-la

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## DAY 4

### Lijiang

- Visit the 5A scenic spot **[Yulong Snow Mountain]**, a paradise for love, and a dangerous and beautiful glacier museum.
- Take the **Cable car** starting from a meadow at an altitude of 3,000 meters, passing through tall and straight pine forests and fir trees, and reaching the 4,506-meter-high Snow Mountain Glacier Park to enjoy the beautiful scenery gifted by nature.
- Enjoy the real-life large-scale ethnic song and dance **"Impression of Lijiang"**
- Visit **[Blue Moon Valley]** (tramcar included), it looks like a blue moon embedded at the foot of Yulong Snow Mountain.



**Accommodation (or similar class) :**  
Floral Luxury Qisu Bieyuan (B&B)



**Meals Arrangement :**  
Breakfast   
Lunch   
Dinner

## DAY 5

### Lijiang Lake Lugu (Estimate 4 hours)

- Depart to Lake Lugu and enjoy the view enroute. visit **[Lugu Lake Observation Deck]** to watch the panoramic view of Lugu Lake.
- Take the **[Mosuo Special Boat]** to Liwubi Island
- Participate in the grand **[Bonfire Party]** held by the local Mosuo people, dance and cheer them!



**Accommodation (or similar class) :**  
Hesu Hotel Lake Lugu (Seaview)



**Meals Arrangement :**  
Breakfast   
Lunch   
Dinner



# 9D8N YUNNAN ITINERARY

*Kunming · Dali · Lijiang · Lake Lugu · Shangri-la*

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## DAY 6

### Lake Lugu Lijiang (Estimate 4 hours)

- You can wake up early and enjoy the view of **[Lugu Lake sunrise]**.
- Go to visit **[Caohai at Lugu Lake]**.
- **[Mosuo Walking Marriage Bridge]** is a place where Mosuo men and women dating. The Mosuo people of Lugu Lake practice the "walking marriage" custom of "men do not marry and women do not marry".
- Visit the world cultural heritage **[Lijiang Ancient Town]** is known as "Plateau Suzhou" and "Oriental Venice". Different from other ancient towns, Lijiang Old Town has no city walls and red wooden buildings are located on both sides of the clear creek.
- Enjoy Over-the-bridge rice noodles at Hobbit Castle style restaurant (Top rated internet celebrity restaurant)

#### Accommodation

(or similar class) :



Floral Luxury Qisu Bieyuan (B&B)

#### Meals Arrangement :



Breakfast

Lunch

Dinner

## DAY 7

### Lijiang Tiger Leaping Gorge Shangri-la (Estimate 4 hours)

- After breakfast, drive to Shangri-La and visit **[Tiger Leaping Gorge]** (including escalators) enroute. It is a famous Grand Canyon in the world, famous for its wonder, danger, majesty and grandeur. The narrowest section of the entire canyon is only more than ten meters wide. There is a 13-meter-high boulder in the center of the river - the Tiger Leaping Stone.
- After arriving in the afternoon, take a leisurely stroll through the **[Dukezong Ancient City]** and **[Prayer Wheel]**. Take Tibetan style photos.

#### Accommodation

(or similar class) :



Floral-Shangri la Le Fu Ge Dan Inn

#### Meals Arrangement :



Breakfast

Lunch

Dinner



# 9D8N YUNNAN ITINERARY

*Kunming · Dali · Lijiang · Lake Lugu · Shangri-la*

(ITINERARY MAY BE ADJUSTED DUE TO UNCONTROLLABLE FACTORS)

## DAY 8

### Shangri-La Kunming (Train - estimate 5hours)

- After breakfast, head to the ancient city for a change of clothes and makeup. Today, you will transform into a beautiful 'Lamu' or a handsome 'Zaxi'! Dressed in your best attire, proceed to visit and explore the **Ganden Sumtsenling Monastery**. Experience the charm of the largest monastery in the Tibetan region while capturing picturesque Tibetan-style photos.
- Return to Shangri-La **Ancient City** for lunch and continue with the photo shoot.
- In the afternoon, take a high-speed train (second class) back to Kunming. Upon arrival, check in at the hotel.

(Note: Kunming Shangri-La train is expected to make its maiden voyage in December 2023)



**Accommodation (or similar class) :**  
New Era Hotel



**Meals Arrangement :**  
Breakfast   
Lunch   
Dinner

## DAY 9

### Kunming Depart

After breakfast, Kunming city tour:

- Kunming city symbol [**Golden Horse and Jade Rooster Archways**], 12 meters high and 18 meters wide.
- Free shopping at [**Nanqiang Pedestrian Street**] and [**Kunming Old Street**].
- Lunch at the internet-famous Yunnan-style restaurant and drop off to the airport in the afternoon. (If you have extended stay, you will be responsible for your own transportation)



**Meals Arrangement :**  
Breakfast   
Lunch

**In case of any discrepancy between the English version and the Chinese version, the Chinese version shall prevail.**

# Yunnan Province Routing Map and Distance

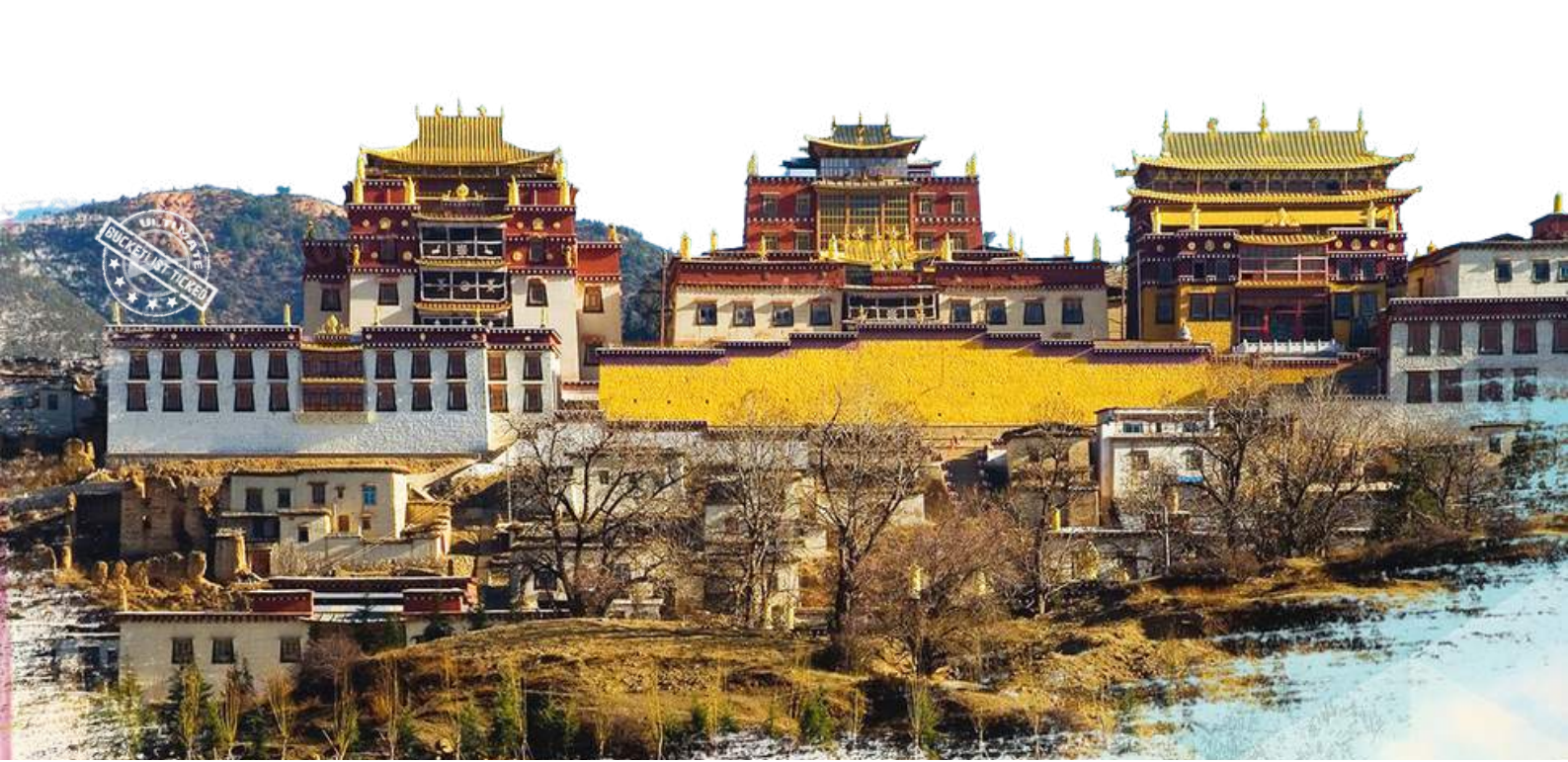


KUL - Kunming = 3H50M **OR** SIN - Kunming = 4H30M

Kunming Shilin Dali Lijiang Lake Lugu Shangri-La

Shangri-La - Kunming = 5Hours





## TOUR FEES INCLUDE AND EXCLUDE:

### Include



- 8nights Full accommodation (covering local 4 and 5-star hotels, special internet celebrity B&Bs (two persons per room)
- Fully comfortable 2+1 VIP seat coach transfer
- Includes full accompaniment Tour Guide and including tips for tour guides and drivers in each area
- Accompanied by the photography team leader throughout the entire journey
- Meal arrangements are listed in the itinerary (Fullboard)
- A bottle of mineral water per day
- Entrance Fee for listed attractions
- Shangri-La to Kunming train ticket (second class)



**Memories by Tour Leader  
throughout the whole journey**



### Exclude



- Round trip international air tickets
- Meals not listed above (RMB80 per day or less)
- Respective Chinese Visa (if required)
- All additional personal shopping, meals, expenses
- Tips for local tour guides, drivers, tour leaders/waiters, etc.
- Travel Insurance
- Any financial losses and additional expenses caused by weather, time, road conditions, politics and various other factors beyond our control

**⚠️⚠️⚠️Notice⚠️⚠️⚠️:**

**Tour fee will be subject to change due to road conditions/weather/flights etc.**

# DETAILS:

- Departure: Mar, April 2024 (According to the announcement on the FB page and website.)
- Number of tour members in a group: 16paxs (Group firm with Tour Leader) Maximum 20 paxs
- Private tours can arrange own dates and itineraries, kindly contact organizer.
- Tour leader: Organizer will make arrangements and adjustments according to the schedule of all tour leaders under Bucket List Ticked and the entry and exit policies of various countries

Tour dates & Tour fee: Refer to FB page and website

Remark:

- For solo travelers, we will try our best to help you find a roommate/need to pay for a single Sup.
- Tour leader will inform tour members the details of flight, tour members will need to buy their own air tickets, as well as follow up the status of the ticket.
- Deposit is needed for seat reservation. First-come, first-available.

## Terms & Conditions

- A deposit is required for reservation. The full balance must be paid within the specified time frame, no later than 45 days before departure. Failure to comply may lead to reservation cancellation and deposit forfeiture.
- Cancellation policy:
  - Cancellation of reservation must be made in writing to avoid any misunderstanding.
  - If no replacement is found, cancellation charges apply based on when we receive notice:
    - 45 days or more before the date of departure - Forfeiture of tour deposit
    - 22 - 44 days before the date of departure - 70% of tour fare non-refundable
    - Within 21 days before the date of departure - 100% of tour fare non-refundable
    - No refund for fees already incurred and non-refundable from other relevant authorities, e.g., flight or train tickets
- If there are any unforeseen circumstances or uncontrollable/force majeure (weather, tide, nature factor, traffic delays/cancellations, illness, pandemic, strikes, war or other causes), the company reserve the right to make changes to/cancel itinerary or postpone the tour at any time, no refunds are available.
- Travel Document:
  - A tour member must have: An international passport or other recognized travel documents which should be valid for at least 6 months from the date of return to the country of origin; The necessary visa and vaccination and health certificates as required by the various authorities of the countries to be visited.
  - The company is not responsible for expenses, reimbursement, or tour price refund if a member is denied entry or deported due to improper documents or other reasons.
- No refund or reduction will be made to any member in respect of airfare, accommodation, meals, sightseeing tours, transport or any other services which are included in the tour fare out not utilized by the tour member due to personal reasons.
- The company reserves the right to cancel or withdraw any itinerary, or any reservation made for a client or decline to accept or retain any person from being a tour member if he is likely to endanger the health or safety, or impair the comfort or enjoyment of others on the tour.
- All members are advised to purchase travel insurance for added protection against various unforeseen events.

For the complete Terms and Conditions, please visit the BucketListTicked website.

